



Belews News

Belews Landing Homeowners Association Newsletter

belewslandingnewsletter@gmail.com

www.belewslanding.org

Calendar

Wine Tour
September 13
10:00 am

Neighborhood Watch Meeting
September 18
6:30 pm
Clubhouse

Annual Meeting
September 24
6:30 pm
Clubhouse

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Annual HOA Meeting



The **Annual Meeting** of the Belews Landing Homeowners Association will be held on **Wednesday, September 24,**

2014 at 6:30 pm at the Clubhouse. All residents should have received an official notice about the meeting from the management company (Association Management Group). Please plan to attend to hear reports of progress during the last year and to vote for new board members.

New Contact Person at AMG

Our new contact person at Association Management Group (the company that manages business affairs for the HOA) is

Nikki Warhurst. You can reach Nikki by phone at 336-273-8600 x2015 or by email at nwarhurst@amgworld.com.

New Residents

The following residents have joined our community during recent months. Please welcome them to Belews Landing.

Forrest and Michele Browning, 286 Yardarm Ct. (New house built by Don Mills Builders)

Thomas Cassano, 298 Yardarm Ct. (New house built by Aristocraft Custom Homes)

Erin and Melissa Johnson, 111 Topside Ct. (New house built by M & J Developers)

Travis and Laura Kelley, 122 Topside Ct. (New house built by M & J Developers)

Chuck and Denise Koontz, 168 Topside Ct. (House previously owned by Mike and Sue Padjen)

Stephen and Tracey McCorkle, 149 Topside Ct. (New house built by TUG Builders)

West Rock Farmers Market

Local vendors/farmers offer fresh produce, baked goods and snacks, herbs, grass-fed beef, flowers, and crafts. The West Rock Farmers Market is open each Wednesday (3 - 6 pm) and Saturday (7 am - 12 pm) until the last Saturday of

October. It is located on Ayersville Road (next to the Airport Drive-In Restaurant) in Mayodan. Be sure to check out the West Rock Farmers Market Facebook page to see the fresh produce available.

Crows Nest Roads Repaired

The following is an update from the Crows Nest Roads and Gate Committee

Roads

During July and August, CACTX completed the asphalt work on Crows Nest Drive, Leeward Drive, Widows Walk Court, and Windjammer Lane, excavating and repaving 10,450 sq. ft. They also completed hot sealing cracks and joints in the same streets.

Gate

Seegars Fence Company reinstalled the four sensor loops in the pavement to control gate operation. They also serviced the two gate controllers and replaced the two drive chains. The technician pointed out that the entrance gate controller is out of level and two of the three guide posts for the exit gate are not standing in a vertical plane. The committee has requested quotes to repair these two new issues. The gate will be out of operation until all repairs are completed.

Shoulders

We will work with the HOA's landscaping contractor to obtain a quote for filling washed-out shoulders with soil, packing the soil, and reseeding those areas with grass. This work will only be done on common areas and along undeveloped lots.

All expenses will be paid from the Crows Nest Roads and Gate Fund.



Smoking Cessation Class Offered



Topic: Stopping Cigarette Smoking
(three sessions)

Date: October 14 at 6 - 7:30 pm

Date: October 21 at 6 - 7:30 pm

Date: October 28 at 6 - 7:30 pm

Where: Belews Landing Club House

Cost: \$25 One-Time Donation to Belews Landing HOA Fund

Session 1 – Understanding Cigarette Smoking

- Smoking Prevalence
- Health Consequences of Smoking
- Benefits of Quitting
- Key Nicotine Concepts
- Addiction or Habit?

Session 2 – Preparing to Quit Smoking

- Pharmacological Aids to Quitting Smoking
- Is Cold Turkey Effective? Hypnosis? Acupuncture?
- Keys to Quitting Smoking
- Challenge of Quitting
- Smoker's Responsibility
- Second-Hand Smoke

- Using Medications Correctly

Session 3 – Living Smoke Free

- Controlling Urges, Cravings, and Slips
- Dealing with Withdrawal Symptoms
- Dealing with Stress
- Weight Gain
- Rechallenge
- Staying Smoke-Free

Instructor: Elbert Glover has been helping smokers quit for nearly 40 years and his particular interest remains in the research of cessation aids for individuals interested in quitting tobacco. He has tested more drugs than anyone in the world to assist smokers with quitting including nicotine gum (2 mg & 4 mg), nicotine transdermal patches, nicotine oral inhaler, nicotine nasal spray, the nicotine sublingual tablet (the only phase III clinical trial conducted in the US), Zyban, and Chantix. He has delivered over 550 invited medical grand rounds/workshops on the subject to physicians throughout the world. Moreover, he has delivered over 335 national and international presentations to various medical & health professional organizations.

To sign up contact Glover at (240) 638-6991 (mobile).

Molcajete: A Treasure of Memories

Contributed by **Elbert Glover**

Every morning mother would create a beautiful bowl of fresh salsa. My daily responsibility was gathering the chilies that grew wild throughout our neighborhood. Mother would grind the chilies in the round molcajete, which was balanced by three short legs.

Ours was made of lava, which provided a porous textured surface and allowed easy crushing and grinding of the chilies. Being porous, it was impossible to thoroughly clean, which gave it a "seasoned" feel and allowed elusive flavors of ripe tomatoes, fresh onion, heavenly cilantro, and white vinegar to carry over from each use, much like the seasoning of a cast-iron skillet. Each use of the molcajete produced a better bowl of salsa.

I lucidly recall my initial viewing of the grinding and crushing and the distinctive aroma of fresh ground chilies that permeated the room. The process gave my

nose a nice warm peppery comfortable feel as the distinguishing fragrance made an indelible memory imprint I carry today.

When father died approximately 20 years ago, mother allowed the siblings to earmark whatever we wanted to receive upon her death. I earmarked only the molcajete for it was filled with wonderful visual, taste, and nasal memories.

Today, amongst my stunning collection of American Indian artifacts prominently sits the molcajete. As I pass it daily, it transports me back six decades to when I experienced and witnessed that first grinding and crushing of chilies being prepared for the best salsa known to man. I miss you Mom.

Editor's note: We welcome contributions such as this. Please send them to belewslandingnewsletter@gmail.com.



About Our Association

Board Members

Richard Verner (President) rverner@triad.rr.com, Penny Glover (Vice-President) pglover2@umd.edu, Roy Montague (Secretary) montagu5@aol.com, Mike Lentz (Treasurer) clentz5@triad.rr.com, and Steve Black (At-Large) sblack@lawfirmrbs.com.

Clubhouse Rental

Nicole Gillespie (nicole.gillespie@rocketmail.com; 336-210-3895)